

ayurvedic yoga retreat

Villa Ananda

MEXICO

march 6th to 13th, 2016

8 days 7 night of:
Ayurvedic Cuisine (3 meals a day)
Yoga Classes (morning & evening)
60 min massage, pranayama, meditation
Day Trip to Sayulita, Temazcal
Optional: SUP Yoga classes &
Day Trip to Islas Marietas
for + info: www.yogabarn.ca

cost: US \$1600